

Human Cellular Tissue Products

INSTRUCTIONS



You have received therapy today with Surgenex, a regenerative therapy that includes Mesenchymal Human Cellular Tissue Products.

If you received Surgenex therapy via injection, it is common for the site/joint to feel sore post procedure.

Surgenex regenerative therapy requires inflammation for it to work properly, so please avoid the following:

- 1. NO** anti-inflammatory medicine for at least 3-6 weeks, i.e., no Aspirin, Ibuprofen, Naproxen, Naprosyn, Aleve, Advil, Motrin, etc. If you are on a baby Aspirin (81 mg) for cardiac purposes, please continue to take your medication.
- 2. NO** icing of the injection site.

We encourage active rehabilitation post treatment, so please move and use your joint.

Avoid high impact activity for up to two weeks, so no running or weight lifting.

If you have any excess pain, redness or swelling post procedure, please contact our clinic immediately.

Thank you for choosing Integrated Physical Medicine.

If you have any questions, do not hesitate to call our offices.

Joliet 815.439.2726

Naperville 331.249.3999

New Lenox 815.717.8355

Roselle 224.655.6555